

BOB

Buckinghamshire, Oxfordshire
and Berkshire West
Integrated Care System



Joint Forward plan



Buckinghamshire, Oxfordshire
and Berkshire West
Integrated Care Board



What is the Joint Forward Plan?



The Joint Forward Plan is a plan to make health care better in three counties - Buckinghamshire, Oxfordshire and Berkshire West.

BOB is a short way of saying the names of these three counties.



There are nearly 2 million people in BOB.



The Joint Forward Plan is for 5 years.



This document explains what the plan aims to do and how we will go about doing it.

What are the aims of the Joint Forward Plan?



The aims of the plan are for everyone to have:

- better health
- the same access to services
- joined up care.



Access means to be able to get a service.



Care is giving people the support they need to be healthy or improve their health.



Joined up care is when different people who provide care work together well.

Who wrote the plan?



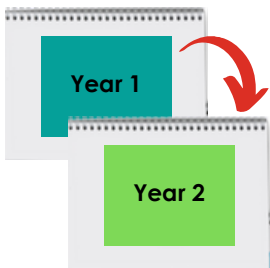
The plan was written jointly by the Integrated Care Board, called the ICB, and local hospitals.



The ICB is part of the NHS.



The job of the ICB is to plan how to make health care better and how to best spend NHS money.



The plan will be checked every year to see if it is working or if it needs to be changed.



We have ways to check that the plan is being followed.

What are Integrated Care Systems?

The plan aims to build Integrated Care Systems, also called ICSs.



Integrated is working together.



Integrated Care Systems are when organisations work together to provide health care.

These organisations are also called partners.



The partners in ICS are the NHS, local councils, hospitals, community trusts and other organisations like schools.



These partners have always worked together but new laws mean they can now work together in a well-planned way.



This plan is mainly about what the NHS will do. Later plans will include the other partners more.

The plan has three parts:

1



Our vision

Part 1 is our vision.

The vision says what we want our work to achieve.

2



Our challenges

Part 2 is meeting the biggest challenges we face.

Challenges are problems that take a lot of effort to solve.

3



DO

Our action

Part 3 is about what we need to do to make the plan work.



Our vision is that everyone who lives in BOB:



Get the best possible start in life.



Live happier and healthier for longer.



Can access the right support when it is needed.



There are four challenges in providing health care in BOB:

1. Inequalities



Inequalities are when people do not have the same access to things they need.

People in BOB have different health outcomes and experiences of using our services.



A health outcome is how the person's health will get better or worse.

2. A model of care



A model of care is the way that health care works. We spend a lot of time and money helping people get better, for example by treating them in hospital.



But it is also important to help people to be healthy in their daily lives so that they don't need to go to hospital.

3. People's experiences of health care



People tell us that their experience of care has got worse.



People often have to wait a very long time to be seen by the NHS and some people struggle to access services.

4. Sustainability



Sustainability is being able to keep a service running well. We need enough money and enough people to work in the service.



It is getting more expensive to treat and care for people and this makes staff feel under pressure.



The action we will take to improve health care in BOB:

1. To reduce inequalities:



We want to make health care fairer to everyone, especially vulnerable people.

Vulnerable means people who might need help and support to stay safe and well, such as homeless people or people with mental illnesses.



We plan to direct more money to the people and communities who have the most need.



We plan to deliver care in better ways to people living in the BOB area who are deprived.

Being deprived means you do not have what you need, such as not having enough money to pay for healthy food.



We will use information to plan and deliver health care in a better and fairer way.

2. To improve the model of care:



We want to support more people to be healthy and independent for longer.

Independent means doing things for yourself and making your own decisions.



We will find out if people have long-term health conditions, such as heart disease and diabetes by making health checks more available.



These health checks include checking people's blood pressure and cholesterol.

These health checks won't only happen at the GP or clinic but also closer to where people work or live.



We will encourage people get the right vaccines.

Vaccines are medicines that help the body fight off certain diseases or viruses.



We will plan a better model of primary care that joins up well with other services in the community, to support people stay healthy and manage their health better at home.



Primary care means health services in the community such a doctor, dentist or optician.

3. To improve people's experiences of health care:



We want people to be treated when they need it and not wait too long.

To be treated is when a health worker helps a person get well again.



We are working to be able to diagnose people quicker, so that they can be treated quicker.

To diagnose is when a doctor looks at a person's health and behaviour to see if they are ill or not.



We will keep records of the people who need to see us so that we can understand how many staff we should have.

The staff of a service are the people who work for it.

4. To be sustainable:



We want enough staff and enough money to run our services.

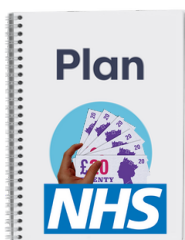


We are making a 5 year people plan so we support our teams better.



We want to understand how to get people to want to work in the service, and how to help them stay. We will help with staff wellbeing.

Wellbeing is a person's health and happiness.



We will develop a 5 year finance plan to decide how best to spend NHS money.