

Primary care pathway for foreign visitors (all ages) taking ADHD medication

Person visiting the UK requests a prescription of medication that they currently take for ADHD that has been prescribed for them in their country of residence and visits GP

Will the length of time they are staying in the UK be longer than the time taken to wait for a referral to secondary care (typically >8 weeks)?

NO

Can they obtain further supplies from their home country in a timely manner?

YES

Advise that they do so. If they will be resident in the UK long-term, make a referral to secondary care in the usual way.

NO

YES

BOX A

- Check the manufacturer's literature &/or refer to the Oxfordshire shared care protocol for information on contraindications to prescribing and for monitoring recommendations.
- For medicines that are currently AMBER, prescribe for the minimum length of time appropriate to cover the stay in the UK or until the OH appointment.
- For patients taking Adderall, see below for more information about an equivalent AMBER drug to switch to.

BOX B

AMBER MEDICINE (including Adderall alternative):

1. Make a referral to Oxford Health NHS FT in the usual way AND
2. Consider prescribing as in BOX A (NB. document the discussion on prescribing options).

RED MEDICINE:

1. Make an urgent referral to Oxford Health NHS FT.
2. If the patient's supply of medication will run out before OH can offer an appointment, contact OH psychiatrist for advice and management plan.

If at any point prior to prescribing or during the referral process, there are any concerns about symptoms, diagnosis, indication, adverse effects, etc. contact OH psychiatrist for advice.

AMBER

Methylphenidate
Lis-dexamfetamine
Atomoxetine
Dexamfetamine

RED

Guanfacine

[OXFORD JOINT FORMULARY](#)

NON-FORMULARY:

Adderall / Adderall XR

* this is NOT available in the UK and should NOT be prescribed*

Patients from the US or Canada may have been started on Adderall or Adderall XR. It is a mixture of amphetamine and dexamfetamine salts.

For patients from the US or Canada who will be residing in the UK and who do not have their own supply of Adderall, please click [here](#) to be taken to guidance on how to switch to an alternative equivalent amber treatment.

[SHARED CARE PROTOCOL](#)

Oxford Health
NHSFT switch
board = 01865
901000