

## BOB ICB and Frimley ICB Priorities Committee Clinical Commissioning Policy Statement

Policy Number/ Name	BOBFPC8 Follow-up Appointments after Primary Hip and Knee Joint Replacement Surgery
Date of BOB ICB Adoption	March 2024

The Buckinghamshire, Oxfordshire, and Berkshire West ICB and Frimley ICB Priorities Committee has reviewed the evidence for routine follow-up of patients after primary hip and knee replacement surgery and recommends that funding should be available for one routine follow up appointment (which is expected to take place 6-8 weeks after surgery).

- The majority of patients can be discharged from hospital without the need for routine review. However, approximately 20% of patients have short-term problems post-surgery (difficulty mobilising, superficial infection, pain, etc.).
- It can be difficult to predict which patients will have problems. Therefore, all patients should be offered a review appointment at around 6-8 weeks post-discharge.
- Routine review after the 6-8 weeks post-discharge appointment should not be offered.
- If patients suffer symptoms directly related to their joint replacement, that present after their 6–8-week follow-up but within one year of the procedure, they should be offered an additional appointment.

Further long term routine ongoing follow up will not normally be funded.

NB these recommendations do not apply to patients who have devices which are known to have a high risk of early failure/ complications/ side effects. These devices are subject to MHRA device alerts and should be offered surveillance in line with MHRA recommendations.

### NOTES:

- Potentially exceptional circumstances may be considered by a patient's ICB where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy was developed and recommended by Thames Valley Priorities Committee which was the predecessor of Buckinghamshire, Oxfordshire, and Berkshire West ICB and Frimley ICB Priorities Committee.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g., from NICE.
- BOBFPC clinical policies can be viewed at [Clinical Commissioning Policy Statements & IFRs | BOB ICB](#)

<b>Recommendation made by TVPC</b>	May 2014 Updated November 2018 Reviewed October 2020
<b>Date adopted and issued by OCCG</b>	October 2014 February 2019 December 2020
<b>Date of BOB ICB adoption</b>	March 2024 – reformatted and rebadged only